



## Web Ideas and Lessons for Safe Schools Week 2018

[National Bullying Prevention Center](#) - Classroom Toolkits - There are activities for **younger students, as well as middle and high school**. Also, a student created toolkit is listed with videos, music and artwork designed by students for other students to use. This is a way to create a dialogue with your

students. They can be part of the solution as they work together to stop bullying.

[Be Internet Awesome](#) - Helping **middle school** kids be safe and kind on-line. Includes a free web-based game called [Interland](#) and an educational student curriculum on digital citizenship and safety. *Google* partnered with *Internet Keep Safe Coalition* and educators across the country to create a classroom curriculum with lesson plans, activities and worksheets that align with the International Society for Technology in Education's Standards for Students. ISTE has awarded these lessons with its Seal of Alignment for Readiness. The game includes a section on "Kind Kingdom" – "It's Cool to be Kind".

[Developing Empathy Through Retold Fairy Tales](#) - KET Education – PBS Learning - Learning about empathy helps students connect to others within their family, class, community, and beyond. ... As an optional extension activity, students write about an experience from their own life regarding empathy. ... Prep for Teachers. Examine the media resources to familiarize yourself with the lesson content.

[Teacher's Guide: Empathy \(Grades 3 to 5\)](#) - KidsHealth in the Classroom - Students will: Comprehend concepts related to health promotion and disease prevention to enhance health. Demonstrate the ability to access valid information and products and services to enhance health. Demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

[4 Proven Strategies for Teaching Empathy](#) - Edutopia - Here are some strategies our graduates around the world use with their students to help develop both affective and cognitive empathy. Modeling. Teaching Point of View. Using Literature to Teach Different Perspectives. Listening Actively to Others. Being Metacognitive About One's State of Empathy.

[Developing Empathy](#) - Teaching Tolerance – **Grades 5-8** - This lesson helps students gain a deeper understanding of empathy and how to put it into practice. ...

[40 Kindness Activities & Empathy Worksheets for Students and Adults](#) – Positive Psychology Program – Read on to learn how to target kindness and empathy development, building on our natural tendencies and enhancing our capacity to care about others. ...

[A Toolkit for Promoting Empathy in Schools](#) - Start Empathy - Practicing empathy leads to improved classroom management and more time for learning. Students arrive each day ready to learn, and teachers are better equipped to deal with the social and emotional needs of their students. Schools that are committed to empathetic teaching and practices enjoy improved teacher efficacy.

[We All Teach SEL: Empathy Activities and Tools for Students](#) ... Common Sense Education - Building SEL (social and emotional learning) skills such as empathy requires face-to-face interactions, meaningful

discussion, and reflection. Edtech is no complete substitute for that, but there are tools that can supplement the development of character in the classroom and at home.

[Empathy in Your Classroom: TRY THESE ACTIVITIES TO BUILD EMPATHY AND COMMUNITY](#) – The Teachers Guild – In a 10-week design journey, The Teachers Guild asked its network of optimistic educators across the country to design and share ideas to cultivate empathy in their classrooms. This project generated over a hundred solutions, and sparked active conversations on and offline about the limits of empathy in schools and the ...

[Common Sense Education](#) - Lessons on “bullying”:

- [Screen Out the Mean](#) – (Grades K-2) What can you do when someone is mean to you online? Students will be able to ... analyze online behaviors that could be considered cyberbullying, explain how to deal with a cyberbullying situation, and recognize the importance of engaging a trusted adult when they experience cyberbullying.
- [What’s Cyberbullying?](#) (Grades 3-5) What is cyberbullying, and how do you deal with it? Students will be able to ... empathize with the targets of cyberbullying, recognize some of the key similarities and differences between in-person bullying and cyberbullying, and identify strategies for dealing responsibly with cyberbullying.
- [Cyberbullying: Crossing the Line](#) (Grades 6-8) When does inappropriate online behavior cross the line into cyberbullying, and what can you do about it? Students will be able to ... analyze online bullying behaviors that “cross the line” and learn about the various ways that students can be cyberbullied, including flaming, deceiving, and harassing.
- [Cyberbullying & Digital Drama](#) – *Common Sense* – “[Digital Citizenship](#)” Lessons (K-12) - Students can learn what to do if they are involved in a cyberbullying situation as well as ways of how to stop cyberbullying by exploring the roles people play and how individual actions — both negative and positive — can impact their friends and broader communities.
- [Introduce students to DIGITAL PASSPORT™](#), (Grades 3-5) *Common Sense Education’s* award-winning suite of engaging games that address key issues facing kids in today's digital world. They teach critical skills related to digital safety, respect, and community. Teachers receive robust reporting of individuals and groups’ gameplay. Each of the five games include videos, three levels of gameplay, collaborative offline activities, teacher wraparound materials, and aligned Digital Citizenship lessons. ... In E-volve, students make choices about what to do if they or their friends are cyberbullied. They are encouraged to "evolve" into an “Upstander” – someone who takes action to stop cyberbullying, rather than standing by.

[Teacher's Guide: Bullying](#) (PreK to Grade 2) *KidsHealth in the Classroom* - These activities will help your students identify bullying. Here are a few *situations* in which someone is being mean. Talk about each situation and decide if it is bullying. Ask students if the person in the story is being bullied, and also have students think of what the person or a bystander – someone who sees the bullying - should do.

The [Stopbullying.gov](http://Stopbullying.gov) site has content for both kids and adults: Twelve animated webisodes (1-2 min) on how kids deal with bullies at their school (with discussion questions); bullying games); facts about bullying for kids; videos on how to deal with bullying; and what kids can do if they see bullying.

[Can Kindness Overcome Bullying?](#) - StopBullying.gov - While being kind might sound easy, it is complex. If kindness was simple, then everyone would be kind and no one would experience meanness and bullying. Imagine a world where kindness is the norm. This article lists some ideas that may be useful when including kindness activities in your classroom.

[Lesson Plan for Elementary School Children](#) PACER's National Bullying Prevention Center  
Students in **grades 2-6** learn what they can do when they see bullying or are bullied.

[A Bad Case of Bullying: Using Literature Response Groups](#) – ReadWriteThink - Students in **grades 3-5** respond to a story by writing and telling about a time they had a similar experience as one of the characters in [A Bad Case of Stripes](#).

[Resilience Quiz - Arthur](#) - PBS KIDS - Ten resilience quiz questions to ask **younger** students. Questions are multiple choice and could be completed on computers in a lab and discussed in class. The first question and possible answers: What should you do if you see something scary in the news? A. Pretend you didn't see it. B. Talk to a parent or an adult you trust. C. Hide under your bed.