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**Suggestions for Educators** 

## Educators: What is bullying?

## **Suggestions for Educators**

- ► Educate your students, teachers, and other staff members about the clear definition of bullying (not just conflict and teach the difference).
- ▶ Revise anti-bullying policies so they clearly define bullying and the consequences (if revision is necessary). Communicate this information to all stakeholders before school starts and throughout the year.
- ➤ Form or use an existing school climate committee to review and evaluate the data and existing plan used to combat the "bullying" problem in your school.
- ➤ Collect data from multiple sources through-out the year to define a clear picture of the scope of the "bullying" problem in your school.
  - Survey students, staff and parents about perception of "bullying" in your school
  - Utilize guided questions to determine where and when incidents are happening in your school
  - Access safe schools reporting data from office management systems
  - Use a uniform incident reporting form and be consistent
- Develop and implement a comprehensive "data driven" plan to decrease bullying on your campus.



► Evaluate and revise your Comprehensive Plan to decrease bullying by reviewing the data annually.

## **Definition**

- Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance.
- ➤ **The behavior** is repeated, or has the potential to be repeated, over time.
- ▶ Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.

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