

Resources for Children and Adults in the Wake of a Mass Shooting and Other Acts of Violence

National Child Traumatic Stress Network:

- [Coping After Mass Violence](#)
- [Talking to Children about the Shooting](#)
- [Parent Guidelines for Helping Youth After the Recent Shooting](#)
- [Guía para los Padres para Ayudar a los Jóvenes después de un Tiroteo Reciente](#)
- [Tips for Parents on Media Coverage of a Shooting](#)
- [Compilation of Resources for School Shootings](#)

National Center for School Crisis and Bereavement:

- [Talking to Children About Terrorist Attacks and School and Community Shootings in the News](#)

American Psychological Association:

- [Resources for Coping with Mass Shootings, Understanding Gun Violence](#)
- [Helping your children manage distress in the aftermath of a shooting](#)

Society of Counseling Psychology

- [Mass Shootings Resources \(div17.org\)](#)

Common Sense Media

- [How to Talk to Kids About School Shootings](#)

Children's Books about Mass Violence:

- [A Terrible Thing Happened: A Story for Children Who Have Witnessed Violence or Trauma by Margaret Holmes](#)
- [Healing Days: A Guide For Kids Who Have Experienced Trauma by Susan Farber Straus](#)
- [Something Happened in Our Park: Standing Together After Gun Violence by Ann Hazzard, Marianne Celano, and Marietta Collins -](#)
- [Jenny Is Scared!: When Sad Things Happen in The World by Carl Shuman](#)

Adult Resources for Coping with Tragedy

- [Managing your distress in the aftermath of a shooting \(apa.org\)](#)
- [Incidents of Mass Violence | SAMHSA](#)
- [Emotional Recovery | Disaster Relief | Red Cross](#)
- [EmotionalHealth.pdf \(redcross.org\)](#)

Resources for Acts of Violence

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- [Recovering Emotionally - Spanish.pdf \(redcross.org\)](#)
- [After Violence Like Mass Shootings, How Do We Heal And Move Forward?: Shots - Health News : NPR](#)