KY SAFE SCHOOLS WEEK TOOLKIT

TAKE THE “BE A SAFETY STAR” PLEDGE:

S - SHARE
Share, care and spread kindness everywhere I go.

T - TREAT
Treat everyone with the respect, we all deserve!

A - ABIDE
Abide by all school safety rules.

R - RISE
Rise up and shine, helping others who need support.

VISIT US ONLINE:
www.kysafeschools.org/safe-schools-week
Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
The following pages are a portion of the activities available online to “celebrate” Kentucky Safe Schools Week

The Kentucky Center for School Safety announces Kentucky Safe Schools Week, is set for October 17-23, 2021.

This year’s theme is “Be a Safety Star” and the focus will be on the multi-faceted brilliance of what it means to be a SAFETY STAR in school and in life.

From the acts of kindness and respectfulness to following all safety rules and guidelines, being a true SAFETY STAR includes shining bright in all these areas. These outstanding students put others first without focusing on themselves.

Kentucky Center for School Safety encourages schools across Kentucky to participate.

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VISIT US ONLINE: www.kysafeschools.org/safe-schools-week

Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
INTRODUCTION

Here are a few things to know about this year’s KY Safe Schools Week:

The Kentucky Center for School Safety announces Kentucky Safe Schools Week, is set for October 17-23, 2021.

This year’s theme is “Be a Safety Star” and the focus will be on the multi-faceted brilliance of what it means to be a SAFETY STAR in school and in life. From the acts of kindness and respectfulness to following all safety rules and guidelines, being a true SAFETY STAR includes shining bright in all these areas. These outstanding students put others first without focusing on themselves.

Kindness, respectfulness and support of others are all characteristics of a SAFETY STAR. During COVID 19 and beyond new safety guidelines including masking, washing and distancing are protocol to keep schools safe. Safety drills such as lockdown and evacuation need to be conducted with rigor and purpose to maintain a safe environment. The students who follow the rules, support others in need, show kindness and respect to all are truly, bright shining… SAFETY STARS!

During Safe Schools Week the KCSS website supplies a variety of teaching aids along with the online pledge. Resources will also be available for school administrators, parents and community involvement at kycss.org/safe-schools-week

This Kentucky Safe Schools Week Toolkit is loaded with resources such as lessons, videos, interactive websites and much more.

“Be a Safety Star” Pledge

I pledge to:

Share, care and spread kindness everywhere I go.
Treat everyone with the respect, we all deserve!
Abide by all school safety rules.
Rise up and shine, helping others who need support.

The Kentucky “Be a Safety Star” campaign is sponsored by the Kentucky Center for School Safety. This observance coincides with the national campaign. America’s Safe Schools Week is sponsored by the National School Safety Center. “I encourage all Kentuckians to get involved and encourage one another when it comes to school safety. School Safety is our first priority and shining a light on all areas of need, compliance and initiative improves our culture and environment. “Being a Safety Star” entails great character and engaging in school safety practices with dedication. Join our Safety Star Campaign and show Kentucky’s brilliance across the commonwealth.” said Jon Akers, Executive Director, KCSS.

Let’s make the “Be a Safety Star” campaign the best ever!
KY SAFE SCHOOLS WEEK
WEB PAGES

On these web pages, you will find many resources and materials for your Ky Safe Schools Week campaign, including:

KY Safe Schools Week Pledge
• Take the “Be a Safety Star” pledge, check your district stats and print your very own certificate

Safe Schools Week Promotional Materials
Join the celebration in your school, town and county using these promotional materials:
• Community Promotion Materials
• KY Safe Schools Week Toolkit and Daily Announcements
• Classroom Lessons and Handouts
• Elementary School Lockdown Workbook
• Logos and Posters for Promoting KY Safe Schools Week

Safe Schools Week Highlights
• View photos and videos capturing KY Safe Schools Week participation

Safe Schools Week Classroom Resources
• Find a wealth of teacher and administrator resources — lessons, games, handouts, videos and more using the KY Safe Schools Week theme: “Share,” “Treat,” “Abide,” and “Rise”

FIND THIS AND INFORMATION ON:
kycss.org/safe-schools-week

VISIT US ONLINE:
www.kysafeschools.org/safe-schools-week

Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
“BE A SAFETY STAR” PLEDGE

QUICK TIP:
Share this link with your students, staff and community as you encourage participation in our “Be a Safety Star” Pledge.

Take the “Be a Safety Star” Pledge at:
www.kycss.org/safe-schools-week/safety-week-pledge
Completing the “Be a Safety Star” Pledge:
After you have completed the pledge, a link will allow you to print your personalized certificate. Display it proudly on your wall for others to see. You can print, save or screenshot the completed certificate online or in classrooms, to put on bulletin boards and in hallways.
Share your certificate on Twitter: #BeASafetyStar or #BeASafetyStarPledge

This certifies that
Suzy Student

Has taken the
Kentucky Center for School Safety
“Be a Safety Star” Pledge
And hereby pledges to:

1) **Share**, care and spread kindness everywhere I go.
2) **T**reat everyone with the respect we all deserve!
3) **A**bide by all school safety rules.
4) **R**ise up and shine helping others who need support.

Jon Akers
Executive Director
**“BE A SAFETY STAR” PLEDGE RESULTS**

**DID YOU KNOW?**

Wow! Last year, there were over 40,000 total pledges. Help us make the “Be a Safety Star” Pledge even more successful!

Check out the pledge map on www.kycss.org to see how your district is doing.

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**KY SAFE SCHOOLS WEEK PLEDGE RESULTS**

Be a Safety Star Pledge Results

Updated daily

<table>
<thead>
<tr>
<th>District Name</th>
<th>Pledge Count</th>
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<tbody>
<tr>
<td>Adair County</td>
<td>0</td>
</tr>
<tr>
<td>Allen County</td>
<td>0</td>
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<tr>
<td>Anchorage Independent (Jefferson County)</td>
<td>0</td>
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<tr>
<td>Anderson County</td>
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<td>Ashland Independent (Boyd County)</td>
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<td>Augusta Independent (Breckinridge County)</td>
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</tbody>
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**VISIT US ONLINE:**

[www.kysafeschools.org/safe-schools-week](http://www.kysafeschools.org/safe-schools-week)

Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
QUICK TIP:
Share these posters with fellow teachers, administrators and community members to increase awareness of KY Safe Schools Week. You can include these posters as email attachments, share in virtual meetings or hang them on the wall for others to see.

FIND THIS ONLINE UNDER: Safe Schools Week Promotional Materials

GET YOUR COMMUNITY INVOLVED and prior to KY Safe Schools Week promote it in your area; in the newspaper, on the radio, on your school website/social media, there is no limit! Visit kycss.org/safe-schools-week to find:
- Poster/Flyer
- How to Take the Pledge Flyer
- PSAs for Radio Spots
- Press Release (Sample)
- Proclamation (Have city or county officials sign!)

TAKE THE “BE A SAFETY STAR” PLEDGE:

SHARE
Share, care and spread kindness everywhere I go.

TREAT
Treat everyone with the respect, we all deserve!

ABIDE
Abide by all school safety rules.

RISE
Rise up and shine, helping others who need support.

VISIT US ONLINE:
www.kysafeschools.org/safe-schools-week
Handouts, Videos, News, Resources and More...Covering a Wide Range of School Safety Topics
QUICK TIP:
Display this handout in the teachers' lounge, in the hallway on bulletin boards and places where community members can feel empowered to take the online “Be a Safety Star” Pledge.

FIND THIS ONLINE UNDER:
Safe Schools Week Promotional Materials

VISIT US ONLINE:
www.kysafeschools.org/safe-schools-week
Handouts, Videos, News, Resources and More... Covering a Wide Range of School Safety Topics
QUICK TIP:

Customize the verbiage on this press release template to reflect your school's name as you highlight KY Safe Schools Week, and send to local media outlets.

FIND THIS ONLINE UNDER:
Safe Schools Week Promotional Materials

SAMPLE PRESS RELEASE

FOR IMMEDIATE RELEASE

(Name of district) Endorses Kentucky Safe Schools Week

(Name of district) today officially proclaimed October 17-23, 2021, as (district name) Safe Schools Week.

Kentucky Safe Schools Week is set for October 17-23, 2021. This year’s theme is “Be a Safety Star” and the focus will be on the multi-faceted brilliance of what it means to be a SAFETY STAR in school and in life. From the acts of kindness and respectfulness to following all safety rules and guidelines, being a true SAFETY STAR shines bright in all these areas. These outstanding students put others first without focusing on themselves.

Kindness, respectfulness and support of others are all characteristics of a SAFETY STAR. During COVID 19 and beyond new safety guidelines including masking, washing and distancing are the protocol to keep schools safe. Safety drills such as lockdown and evacuation need to be conducted with rigor and purpose to maintain a safe environment. The students who follow the rule, support others in need, show kindness and respect to all are truly, bright shining… SAFETY STARS!

Join us and participate in this year’s campaign “Be a Safety Star” in your school, home and community. Take the online “Safety Star Pledge.”

Safety Star Pledge

I pledge to:

Share, care and spread kindness everywhere I go.
Treat everyone with the respect we all deserve.
Abide by all school safety rules.
Rise up and shine, helping others who need support.

www.kysafeschools.org/safe-schools-week/safety-week-pledge

VISIT US ONLINE:

www.kysafeschools.org/safe-schools-week
Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
QUICK TIP:

This sample script is a great way to publicize KY Safe Schools Week through radio broadcasting. Simply change the wording in the script to reflect your campaign activities, and submit it to your local stations.

FIND THIS ONLINE UNDER: Safe Schools Week Promotional Materials

RADIO PSA SCRIPT

Kentucky Safe Schools Week Campaign
October 17–23, 2021

“Be a Safety Star”

Announcer: YOUR DISTRICT NAME knows that safe schools promote effective, productive citizens, and building Kentucky’s future should be everyone’s concern. October 17–23, 2021 is Kentucky Safe Schools Week.

The DISTRICT NAME schools have joined together with the entire community to pledge to work for a safe nurturing school environment.

Announcer: All Kentuckians play an important role in school safety efforts. Visit the Kentucky Center for School Safety website, www.kysafeschools.org to take part in this year’s “BE A SAFETY STAR” Campaign. During Kentucky Safe Schools Week, every student is asked to ban together with school personal and the community to make our school safe.

Join in and “BE A SAFETY STAR” which means shining bright both through showing kindness and respectfulness as well as having a positive attitude while following all safety rules and guidelines. True SAFETY STARS are outstanding students who put others first without focusing on themselves.

Take the online pledge at www.kysafeschools.org/safe-schools-week/safety-week-pledge (or on a link from our school’s homepage).
Elementary

Kentucky Safe Schools Week Daily Announcements 2021

(School announcements to encourage involvement in Kentucky Safe Schools Week)

Day 1

The Kentucky Center for School Safety announces this year’s Kentucky Safe Schools Week, is set for October 17-23, 2021.

This year’s theme is “Be a Safety Star” and the focus will be on the multi-faceted brilliance of what it means to be a SAFETY STAR in school and in life. From the acts of kindness and respectfulness to following all safety rules and guidelines, being a true SAFETY STAR includes shining bright in all these areas. These outstanding students put others first without focusing on themselves.

This year’s campaign highlights the word “STAR” and the qualities necessary to bring a safe learning environment into our schools.

S = “Share, care and spread kindness everywhere I go”
T = “Treat others with the respect we all deserve”
A = “Abide by all school safety rules”
R = “Rise and shine, helping others who need support”

Kindness, respectfulness and support of others are all characteristics of a SAFETY STAR. During COVID-19 and beyond new safety guidelines including masking, washing and distancing are protocol to keep schools safe. Safety drills such as lockdown and evacuation need to be conducted with rigor and purpose to maintain a safe environment. The students who follow the rules, support others in need, show kindness and respect to all are truly, bright shining... SAFETY STARS!

Please show your support and take the online pledge and promise to help us make all environments in our school safe.

Today we will talk about the following line of the pledge:

I will “Share, care and spread kindness everywhere I go”

Everyone needs to know that others care about their feelings. When we care about others and show kindness the world is a better place. Do you really worry when

Activities may be planned around each word for the day:

“Share,” “Treat,” “Abide,” and “Rise.”

FIND THIS ONLINE UNDER: Safe Schools Week Promotional Materials

QUICK TIP:

Activities may be planned around each word for the day:

“Share,” “Treat,” “Abide,” and “Rise.”
**Quick Tip:**

These daily announcements can be read to students and staff over the course of KY Safe Schools Week to increase awareness of the “Be a Safety Star” campaign.
WEB IDEAS AND LESSONS

QUICK TIP:
These documents highlight resources and activities from various websites that can enhance your Ky Safe Schools Week experience.

WEB IDEAS AND LESSONS

7 Days for Helping Others – GritSchool: Students should understand the power of collaboration and what it means to come together for a common reason. The activities of helping others can include working with a friend, making a difference in the world, and taking time to show people that you care. There are multiple ways this improves students’ lives and helps them connect with your school community.

Find This Online Under:
Safe Schools Week Promotional Materials

“Share, care, and spread kindness everywhere you go!”

“Treat others with the respect we all deserve”

“Wide thy all school safety rules”

“See and show, helping others we need support”

WEB IDEAS AND LESSONS

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Proclamation

To All Whom These Presents Shall Come:

WHEREAS, schools make substantial contributions to the future of America and to the development of our nation’s young people as knowledgeable, responsible, and productive citizens; and

WHEREAS, excellence in education is dependent on safe, secure, and peaceful school settings; and

WHEREAS, the safety and well-being of many students, teachers, and school staff are unnecessarily jeopardized by crime and violence, such as substance abuse, gangs, bullying, poor discipline, vandalism, and absenteeism in our schools; and

WHEREAS, all leaders—especially those in education, law enforcement, government, and business—should eagerly collaborate with each other to focus public attention on school safety and identify, develop, and promote answers to these critical issues; and

WHEREAS, numerous schools and school districts throughout the country, along with national programs, are among those innovative answers; and

WHEREAS, the observance of Kentucky Safe Schools Week will substantially promote efforts to provide all our nation’s schools with positive and safe learning climates; now, therefore, be it

Now, therefore, we do hereby proclaim October 17-23, 2021 as “KENTUCKY SAFE SCHOOLS WEEK.”

And encourage all fraternal, legal, government and professional associations, students and educators in Kentucky schools to formally adopt similar resolutions and proclamations so that we may enthusiastically work together to make our schools safe, secure, and peaceful places for learning, teaching, and working, free of drugs, alcohol, weapons, and fear.

Done this ___ day of ______ in the year of Our Lord Two Thousand and Twenty-One.

 County Judge Executive

 Mayor, City of_________, Kentucky

QUICK TIP:
Personalize the wording to reflect your school and community during KY Safe Schools Week, and have local government leaders sign your proclamation.
BOOKMARKS PROMOTING KY SAFE SCHOOLS WEEK

QUICK TIP:
These bookmarks are great for spreading the word about your KY Safe Schools Week campaign. This bookmark includes text from the online “Be a Safety Star” Pledge.
**QUICK TIP:**

Print these on sticky paper and cut-out or laminate. Use them for your KY Safe Schools Week campaign participants to proudly wear during your events.

**FIND THIS ONLINE UNDER:**

Safe Schools Week Promotional Materials

---

**VISIT US ONLINE:**

[www.kysafeschools.org/safe-schools-week](http://www.kysafeschools.org/safe-schools-week)

Handouts, Videos, News, Resources and More... Covering a Wide Range of School Safety Topics
"I AM A SAFETY STAR" HEADBANDS

SMALL HEADBAND

MEDIUM HEADBAND

INSTRUCTIONS
1) Choose from one of two sizes and cut out all three pieces
2) Tape or glue rectangular pieces to either side of the front-logo piece, one to each side
3) Adjust the size of the headband to fit each student and tape or staple side pieces together in the back
4) Wear with pride in the classroom or march in a parade through the halls and during KY Safe Schools Week

QUICK TIP:
Wear with pride in the classroom or march in a parade through the halls during KY Safe Schools Week.

FIND THIS ONLINE UNDER:
Safe Schools Week Promotional Materials

VISIT US ONLINE:
www.kysafeschools.org/safe-schools-week
Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics

KENTUCKY SAFE SCHOOLS WEEK 2021 - BOOKLET OF HANDOUTS
SAFETY STAR COINS

QUICK TIP:
Customize and handout as "coins" for good behavior during KY Safe Schools Week.

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Safe Schools Week Promotional Materials

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Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
QUICK TIP:
Customize and hand out as awards at the end of KY Safe Schools Week.

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INTRODUCTION:

Lockdowns and other safety drills are part of a comprehensive emergency preparedness plan. Each school engages in actions designed to mitigate loss in response to a safety threat.

Lockdowns are designed to protect and secure students and staff from a variety of dangers in and around school. Once the school is secure the purpose is to keep the threat out or contained.

Lockdowns can save lives and are considered best practice when responding to specific threats.

Lockdowns can be associated with the presence of law enforcement and create perceived danger even during drills. Being aware that lockdowns may produce anxiety, stress, or trauma for students or staff, careful planning is critical.

In an elementary school setting, lessening fears, stress or trauma associated with lockdowns/drills is the goal of planning lessons, discussions, parent communication and practice.

Each class is unique and the considerations that should be planned for are: age, disabilities, English language learners and those who have experienced trauma. The classroom teacher is best suited to develop specific lessons/instructions for his/her class. This workbook provides ideas and samples to assist in preparing that specific classroom plan.

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Elementary School Lockdown Communication with Parents/Guardians

SAMPLE LETTER

QUICK TIP:
Partnering with Parents:
Communication is key to a great partnership when working with parents/guardians on practicing emergency response procedures.

Ideas for avenues of communication:
• Information can be printed in agenda books or planners to introduce parents and other partners to emergency drills and practice procedures.
• It is essential to inform parents before the first lockdown drill is conducted (with a letter or newsletter, etc.). Remember to alert parents on subsequent lockdowns.
• Your school website can include an explanation of the law. Mention the considerations made when preparing for lockdown practice such as age, disability, English language learners and those who have experienced trauma.
• Social media can also be used to make the community aware that your school practices safety. Don’t post specific information about lockdowns or procedural information.

Letterhead

Dear Parents/Guardians,

Our school’s highest priority is the safety of our students and staff. In order to maintain a safe environment, it is necessary that we practice our emergency and crisis response plans which includes lockdown drills. We are required by state statute to conduct a minimum of two lockdown drills per school year to ensure that our students know their role during a potential threat.

These lockdown drills are designed to protect students from danger in and around a school. Lockdowns are intended to secure a school and to keep out a threat. They also require students to sit quietly and out of sight (away from windows and doors). The types of emergencies that could require a school to lockdown are: the possible presence of an intruder; a dangerous situation taking place in the vicinity of the school; a hazardous spill or other type of accident that could pose a threat to the safety of staff and students.

We will be conducting this year’s first lockdown drill on (enter either week of/or date), and another drill in the second half of the year.

A few notes about the drill:
• Before the drill, teachers will use age-appropriate lessons with their classes and walk the students through the procedures. This review and practice will help to alleviate unnecessary stress or anxiety.
• On the day of the drill, we will announce reminders prior to the actual drill to ensure that all students/staff feel prepared.
• During the drill, no one will be permitted in or out of our school. This closure may last for 10-15 minutes.
• The lockdown drill is meant to be practice only, and not stressful or scary in nature.
• Teachers will reflect upon the drill with students after it has been completed.
• Members of the (Your School Safety Team) and (Sheriff’s Office or Police) will be observing the drill and debriefing with staff.

When talking with your children at home about lockdown drills and safety procedures, you don’t have to be specific about the types of emergencies that require a lockdown; you can just explain to your child that this is one of the safety drills all schools practice. When we partner with you to protect our children, these drills become a smooth, uneventful practice that develops into a habit, supporting fast, efficient procedures in case of a threat or emergency.

We hope that we will never have to utilize this procedure in a real situation, but it is important for us all to walk through the process of staying safe at school.

If you have any questions, please feel free to call (Name) at (phone number).

Sincerely,
The (Name) Safety Committee (Principal)

This letter is only a guide and it is the responsibility of each school to revise/create a letter to meet the needs of your school and situation.
QUICK TIP:

Debrief and Encourage:

Say... “I feel good about practicing safety at school, do you?” Allow for questions... and discuss answers.

Next “Excellent you are all safety stars. Today, you get stickers to wear home that say you are a SAFETY STAR- “We practiced Safety at School”.

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QUICK TIP:

Designated Spot:

The area in your classroom that is farthest from the windows and door will be your designated spot. You can use this star to mark where the students should assemble during a lockdown drill. It can be left up all the time or used only when a drill is scheduled. Students will remember the visual and this will help them find the spot quickly. This coordinates with the “Safety Star” lesson.

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Covering a Wide Range of School Safety Topics
QUICK TIP:
Be a Lockdown S.T.A.R.:

Use this poster as a visual reminder of the lockdown procedure. It can be a stand-alone lesson or it can follow the “Safety Star” lesson. Post it prominently in your classroom and review it frequently.

Visual reminders are a great teaching tool and can lessen stress because it shows the order and routine of a lockdown practice/drill.

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LOCKDOWN POSTER COLORING PAGE

QUICK TIP:

Activity Sheet:

As you review the lockdown poster share this coloring page with your students.

Have them color and then turn on the back and make their own poster to explain a lockdown drill.

This is a school-home connection piece. As it goes home with the students, parents can review the steps and discuss the procedure with their child.

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QUICK TIP:

Teaching Tool:
To use this teaching tool with your students:

• Cut pattern out of paper (card stock is preferred). If card stock is available, that will make the magnifying glass stronger.

• Popsicle sticks or tongue depressors taped to the back of the handle will also give the magnifying glass structure.

Students enjoy hands-on teaching tools and this sparks their memory and imagination.

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SAFETY DETECTIVES HANDOUT

QUICK TIP:
Activity Handout:

This handout can be used as a group activity when the teacher talks to the students about each of the four pictures. This will allow them to work as a class, discussing the topic or use as an assignment at their desk. Gold stars are fun and recommended for covering the safety items but drawing a star will also do nicely. On the back the students can draw other safety items they see at school.

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QUICK TIP:
Safety Tool:

This door hanger print-out sheet is available to use on classroom doors during instruction. If schools/teachers choose to use them, it reminds students/staff that the reason the door is locked is that classroom instruction is taking place.

The door hanger makes it less stressful for a student who tries to enter a room and a locked door hinders their entrance.

FIND THIS ONLINE UNDER: Safe Schools Week Promotional Materials
QUICK TIP:
Calming Classroom Ideas:

This page offers various links and ideas to be used as calming strategies in your classrooms. Calming strategies for students should be used with lockdown drills/practices. It is recommended that they are taught in advance and practiced regularly during and outside of drills.

Calming Strategy Links and Ideas for All Classes

- Yoga [https://www.youtube.com/watch?v=VQy4-7Ut1E&app=desktop]
  More yoga [https://www.youtube.com/watch?v=1v6fzI3Pkd4&feature=youtu.be]
- Yoga with Adrienne (and her dog Benji)
  www.youtube.com/user/yogawithadriene
- Cosmic Kids Yoga Adventures
  www.youtube.com/watch?v=p65ltyntp4
- 5-minute cardio video
  [https://m.youtube.com/watch?v=R0mMyV5OtcM]
- Relaxing music for primary
  [https://www.youtube.com/watch?v=3Hrk6T56k9E&feature=youtu.be]
- Spend some time relaxing in Yellowstone National Park
  [https://www.youtube.com/watch?v=Vyh6GlypG5I&feature=youtu.be]
- Online jigsaw puzzle
  www.jigsawplanet.com
- Digital coloring
  www.coloring.com/pictures/geo-portrait
- Preschool and Kindergarten:
  - Breathe, Think, Do with Sesame Street (This is a great app to help young kids with calming strategies.)
- Things to do without technology:
  - *Writing/drawing: Ask students to write or draw a picture showing how they felt during the drill. This can be done while listening to calming music.
  - *Play-doh
  - *For students who may need their own space, a calming corner is a great place for them to “get away” for a few minutes. See Appendix I: Calm Down Strategies after Safety Practice for print-outs to hang in your calming corner.
  - **“Write your own calming song as a class to the tune of a familiar song. This one is to the tune of Row, Row, Row Your Boat.”
- Let’s sing our calming song and get back to our place. Practice, practice, practice, practice. This helps keep us safe.
QUICK TIP:

Calm Down Handout:

After a safety practice or as a stand alone activity, a teacher can discuss calming activities and the fact that each student has a choice of which one works best for them. After the students use the calming strategy the handout can be turned over and the child can draw other ideas of how they calm down in other stressful situations. This gives students and parents (when it goes home) ideas for calming strategies during high anxiety. This handout can also be used as a poster.

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Handouts, Videos, News, Resources and More... Covering a Wide Range of School Safety Topics
QUICK TIP:
Lockdown Sign:

This sign can be used on access doors to the school during a lockdown practice or an actual lockdown. When this sign is used consistently, visitors are given a visual prompt about safety procedures.
KY SAFE SCHOOLS WEEK
LOGOS AND POSTERS

QUICK TIP:
Post these around school to increase awareness of KY Safe Schools Week.

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VISIT US ONLINE:
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Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
QUICK TIP:
Use these sheets to emphasize the “Safety Star” campaign as you discuss KY Safe Schools Week. Another idea is to allow older elementary students to have a coloring contest.
WEBSITE RESOURCES: “SHARE”

FROM KY SAFE SCHOOLS WEEK WEB PAGE:
www.kycss.org/safe-schools-week

Safe School Weeks Promotional Materials/Classroom Handouts
Safe Schools Week Highlights
Safe Schools Week Classroom Resources

CLICK ON “SHARE” FOR RESOURCES

Resources... “Share” Include:

• All About Caring – Scholastic
• Caring as Classroom Practice – Social Studies and the Young Learner
• Compassion Activities-Common Sense Education Links – Common Sense Media
• Games That Teach Sharing – KET
• Books About Sharing – Common Sense Media
• 5 Ways to Teach Kindness to Kids – Highlights Magazine
• 9 Tips for Teaching Kindness in the Classroom – PBS
• Prevent Bullying and Show Kindness-Kindness Catcher – National Bullying Prevention Center
• KCSS Empathy Website Page – KCSS
• KCSS Cyber Bullying Handouts – KCSS
• “Kindness Counts” Bookmarks – KCSS
• Show Kindness Videos – The Foundation for a Better Life
• Cyber Bullying - Kindness – NetSmartz
• Internet Kindness – KCSS and the Ad Council
• Cyberbullying Research Center Website – The Cyberbullying Research Center

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VISIT US ONLINE:
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Handouts, Videos, News, Resources and More...
Covering a Wide Range of School Safety Topics
RESOURCES: “TREAT”

FROM KY SAFE SCHOOLS WEEK WEB PAGE:
www.kyssweek.org/safe-schools-week

Safe School Weeks Promotional Materials/Classroom Handouts
Safe Schools Week Highlights
Safe Schools Week Classroom Resources

CLICK ON “TREAT” FOR RESOURCES

S
Shar,e care and spread kindness everywhere I go.

T
Treat everyone with the respect, we all deserve!

A
Abide by all school safety rules.

R
Rise up and shine, helping others who need support.

WEBSITE RESOURCES: “TREAT”

Resources... “Treat” Include:

• Life’s Little Lessons – PBS
• Learn R.E.S.P.E.C.T. With The WonderGrove Kids! – YouTube
• Resilience Quiz – Arthur – PBS
• Getting Along – KidsHealth in the Classroom
• Stopbullying.gov Website – Stopbullying.gov
• Lesson Plan for Elementary School Children – Pacer’s National Bullying Prevention Center
• A Bad Case of Bullying: Using Literature Response Groups – Read Write Think
• KCSS Bullying Handouts – KCSS
• Trauma-Informed Toolkit – KDE
• Olweus Bullying Prevention Program Website – Olweus Bullying Prevention Program
• KnowBullying Mobile App – SAMHSA
• Bullying Prevention PowerPoint – KCSS
• Pacer Middle/High Videos – Pacer’s National Bullying Prevention Center
• Billy Bully Lesson (By Ana Galan) – Scholastic
• Wheel of Bullying – KCSS
• Thinkfinity- High Interest Novels Teaching Respect – Read Write Think
• Counselors & Media Specialists Bullying Book Discussion Guide – Random House Inc.
• Bullying Prevention Checklist – KCSS
• A Frill A Minute – Video – PBS

FIND THIS AND MORE AT:
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Handouts, Videos, News, Resources and More...
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**WEBSITE RESOURCES: “ABIDE”**

**FROM KY SAFE SCHOOLS WEEK WEB PAGE:**
www.kycss.org/safe-schools-week

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**CLICK ON “ABIDE” FOR RESOURCES**

- **Share:** Share care and spread kindness everywhere I go.
- **Treat:** Treat everyone with the respect we all deserve!
- **Abide:** Abide by all school safety rules.
- **Rise:** Rise up and shine, helping others who need support.

**RESOURCES... “Abide” Include:**

- **Meet The Helpers** – PBS
- **Why Do People Wear Masks?** – YouTube
- **How to Help Students Get Used to Masks** – Edutopia
- **Mask Mythbusters: 5 Common Misconceptions About Kids & Cloth Face Coverings** – healthychildren.org
- **COVID-19 Updates and Info/KY Dept of Ed (P-12)** – KDE
- **Handle With Care Notification System** – The Kentucky State Police
- **Bark Monitoring Tool for Schools** – Bark
- **KCSS Flipchart App** – KCSS
- **Terroristic Threatening** – KCSS
- **Threats at School** – KCSS
- **Telling Vs. Tattling** – KCSS
- **Free Hotline: What You Can Do to Help End Bullying** – National Suicide Prevention Lifeline
- **Elementary School Lockdown Workbook** – KCSS
- **Classroom Response Kit** – KCSS

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Handouts, Videos, News, Resources and More...
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WEBSITE RESOURCES: “RISE”

FROM KY SAFE SCHOOLS WEEK WEB PAGE: www.kycss.org/safe-schools-week

Safe School Weeks Promotional Materials/Classroom Handouts
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Safe Schools Week Classroom Resources

CLICK ON “RISE” FOR RESOURCES

RESOURCES: “RISE” FROM KY SAFE SCHOOLS WEEK WEB PAGE:

- How to Support Our Students – Cyberbullying Research Center
- Lesson Plans - NetSmartz Website – NetSmartz
- Pacer’s National Bullying Prevention Center Website – PACER’s National Bullying Prevention Center
- Stopbullying.gov Website – stopbullying.gov
- FBI Safe Online Surfing – FBI
- Cyberbullying Fact Sheet – Cyberbullying Research Center
- The Owning Up™ Lessons – Owning Up
- YouTube Animated Story of Spookley (A Helpful Pumpkin) – YouTube

• Conflict Resolution: Helping Others and Ourselves – PBS
• The NED Program Website – The Ned Program
• Mean Girls, Beware the Pack Is Back!!! – KCSS

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KCSS WEBSITE RESOURCES INCLUDE:

- KCSS Bullying Website Page
- KCSS Cyber Bullying Website Page
- KCSS Empathy Website Page
- KCSS School Violence Website Page
- KCSS Internet Safety Website Page
- KCSS Social Networking Website Page
- KCSS Resources Website Page
- KCSS Lockdown Website Page
- KCSS Emergency Guide Website Page

FROM KY SAFE SCHOOLS WEEK WEB PAGE:
www.kycss.org/safe-schools-week

Safe School Weeks Promotional Materials/Classroom Handouts

Safe Schools Week Highlights

Safe Schools Week Classroom Resources

KENTUCKY SAFE SCHOOLS WEEK 2021 • BOOKLET OF HANDOUTS

KENTUCKY SAFE SCHOOLS WEEK 2021
October 17-23, 2021

BE A SAFETY STAR
Kentucky Safe Schools Week

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KENTUCKY SAFE SCHOOLS WEEK 2021 • BOOKLET OF HANDOUTS
PROMOTING KY SAFE SCHOOLS WEEK IN YOUR SCHOOL

When promoting Kentucky Safe Schools Week in your school, here are a few things to consider:

- Every school is unique, and therefore the campaign should be adjusted to fit individual needs.
- Using the theme “Be a Safety Star” incorporates the needed safety precautions for our students.
- Try to involve all students in the campaign. Everyone is needed to help make the school a safe place.

Various school districts across Kentucky have great ideas about how they plan on promoting KY Safe Schools Week this year. Here are just a few of the many ideas:

- Some schools use the Daily School Announcements on the PA system or Closed Circuit TV.
- Some have a spirit day where everybody can participate and “Be a Safety Star” and they wear the school’s logo or ball team shirts! Schools also print stickers for students to wear or attach to their notebooks. Have students take the pledge before school or at lunch. Also, students could wear a theme color to emphasize school safety. Don’t forget to send us a picture and we will put it on the website.
- A school could focus on a different part of the “Be a Safety Star” Pledge... “Share,” “Treat,” “Abide,” and “Rise” each day during SSW lunch and have handouts and resources with posters and bookmarks available for the students. A club or the SRO could man the display table, just an idea...also a computer for the students to take the pledge could be available at this time.
- Some schools have a service club that paints a large banner to go up in the lobby of the school along with other activities throughout the week.
- Some of the media specialists have the bookmarks available for students in the library during SSW week and devote the computers before and after school for students to take the online pledge.
- Others post the pledges in the halls and on the walls along with some of the handouts about bully prevention, cyber bullying, sexting, conflict/bullying, telling/tattling as reminders to the students during this week.
- TRTs and computer teachers use the cyber bullying and digital citizenship resources during SSW and talk about self-control and self-esteem online. They use STLP students to teach some of the younger students about acceptable use of technology and helping them take the pledge.

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TIPS ON USING KY SAFE SCHOOLS WEEK HANDOUTS

Here are some tips on using any of the KY Safe Schools Week Handouts to help you get the word out about your campaign:

- Have the handouts displayed in your offices for parents and others to see and pick up or read online.
- Post handouts on school websites, Twitter feeds or in virtual classrooms sharing with parents, teachers and community.
- Parents can share handouts with their children in a one-on-one talk about school safety, and discuss how they can be part of this year’s theme “Be a Safety Star.”
- Put information from the handouts into your school newsletter, classroom packets or website (you can break up the information over the course of several editions).
- Students can use the information from handouts to write an article about keeping schools safe in their school newspaper.
- Use elements from the handouts for planning lessons (this information can be adapted for different age groups).
- Counselors: Use the handouts in one-on-one talks with parents and students about safety issues either in-person or virtual visit.
- Remember to share photos that align with “Be a Safety Star” of students and staff wearing safety star headbands, holding coloring sheets or standing in front of a bulletin board. Don’t forget to send us any respect or kindness pictures you may have. #BeASafetyStar or #BeASafetyStarPledge.
- Check out our Twitter page: twitter.com/KCSSnews

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Announcing...

KCSS FLIPCHART APP

Available on the App Store and Google Play!

Kentucky Center for School Safety provides this KCSS Flipchart, which includes emergency response procedures for K-12 schools.

School emergencies are unexpected, unpredictable and can take many forms. The Kentucky Center for School Safety offers this quick and easy reference guide (KCSS Flipchart) for immediate response and is not a complete school safety plan. This quick reference guide uses FEMA's four categories of school related emergencies.

This resource includes an alphabetical list of emergency response protocols and subsections for easy access to information when needed.

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