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**Suicide Prevention**

# Suicide Prevention

## Helping Peers Remember

- ▶ Don't be afraid to be wrong
- ▶ Just talking to them can make a big difference
- ▶ Be concerned if people tell you that they have a detailed suicide plan or have the means to hurt themselves
- ▶ Don't pretend you have the answers
- ▶ **THE MOST IMPORTANT THING YOU CAN DO... IS HELP THEM GET ASSISTANCE FROM A RESPONSIBLE ADULT**



## Remember

- ▶ **The most important thing you can do...  
Is help them get assistance from a responsible adult**


### For More Information

Kentucky Center for School Safety



 /kcssnews

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 (877) 805-4277



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