

Emergency Supplies Checklist

Get your supplies now for your safety and comfort during and after an earthquake. Store enough supplies for at least 5 days.

Essentials

- ✓ Water — 1 gallon per person per day (a week's supply of water is preferable)
- ✓ Water purification kit
- ✓ First aid kit, freshly stocked
- ✓ First aid book
- ✓ Food
- ✓ Can opener (non-electric)
- ✓ Blankets or sleeping bags
- ✓ Portable radio, flashlight and spare batteries
- ✓ Essential medications
- ✓ Extra pair of eyeglasses
- ✓ Extra pair of house and car keys
- ✓ Fire extinguisher — A-B-C type
- ✓ Food, water and restraint (leash or carrier) for pets
- ✓ Cash and change
- ✓ Baby supplies: formula, bottle, pacifier, soap and baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices.

Sanitation Supplies

- ✓ Large plastic trash bags for waste; tarps and rain ponchos
- ✓ Large trash cans
- ✓ Bar soap and liquid detergent
- ✓ Shampoo
- ✓ Toothpaste and toothbrushes
- ✓ Feminine hygiene supplies
- ✓ Toilet paper
- ✓ Household bleach

Safety and Comfort

- ✓ Sturdy shoes
- ✓ Heavy gloves for clearing debris
- ✓ Candles and matches
- ✓ Light sticks
- ✓ Change of clothing
- ✓ Knife or razor blades
- ✓ Garden hose for siphoning and firefighting
- ✓ Tent
- ✓ Communication kit: paper, pens, stamps

Cooking

- ✓ Plastic knives, forks, spoons
- ✓ Paper plates and cups
- ✓ Paper towels
- ✓ Heavy-duty aluminum foil
- ✓ Camping stove for outdoor cooking (caution: before using fire to cook, make sure there are no gas leaks; never use charcoal indoors)

Tools and Supplies

- ✓ Axe, shovel, broom
- ✓ Adjustable wrench for turning off gas
- ✓ Tool kit including a screwdriver, pliers and a hammer
- ✓ Coil of 1/2" rope
- ✓ Plastic tape, staple gun and sheeting for window replacement
- ✓ Bicycle
- ✓ City map